



**WayAhead
Annual Report
2018**



Chief Executive Officer Elizabeth Priestley

One of the key recommendations from the Mental Health Commission of NSW NGO review of WayAhead, was for us to undertake a campaign for brand recognition and profile building. Despite being the second oldest mental health charity in NSW, our profile was low. This motivated WayAhead to put more resources into developing and implementing a communication strategy that has more than justified the time and expenditure. Anecdotally, not only is WayAhead more recognisable but the reach of our programs is much greater than at any other time. This can only go well for our long term goals and mental health outcomes generally. While we celebrate the increased demand for our services it comes at a price. Other than the annual CPI increase we have had no increase in funding for over a decade. If we want to continue at the same pace WayAhead will need to diversify its funding sources which may include charging for services once provided for free.

Our successes are due to many amazing people. Committed and talented staff and volunteers are invaluable for a small organisation like WayAhead. It is important that WayAhead constantly reviews what we do and how we do it and the staff have shown an amazing willingness to be innovative and to back up changes with good evidence. The board has always been and remains supportive of the staff and volunteers and particularly to me as the CEO. I am very fortunate to have such a team around me and I look forward to the positive direction we have set over the last 12 months, continuing well into the future.

"Great to know I am not alone. I am not mad, there are other people that feel like me"

Small Steps Attendee



President's Report

Dr Meg Smith OAM

Way Ahead is a state leader in mental health promotion. This year we have organised a number of activities which promote good mental health in a number of areas. Our biggest activity is of course Mental Health Month and we recognise outstanding mental health promotion projects and activities by community organisations and health agencies around NSW. Mental Health Month this year has been our most outstanding in our history with a wide range of community organisations across the state carrying out innovative mental health promotion activities.

Way Ahead has initiated a number of projects targeting different areas of mental health prevention and promotion. These include anxiety disorders, workplace mental health promotion, hoarding behaviours and anxiety issues in children.

Our current staff have been creative and innovative in initiating new activities and developing our existing activities to keep pace with contemporary needs in the mental health promotion areas. We look forward to developing our current projects and initiatives in the coming year.

My thanks go to our Board members and staff for their leadership and hard work over the past year and I look forward to working together in the coming year.

Chairperson's Report

Gary Moore

Way Ahead had an exciting and challenging year as we strive to build the reach of our mental health promotion, education and information programs across Greater Sydney and in the regions.

Our anxiety support group program continues to expand and flourish whilst the reputation of, and participation in our WayAhead Workplaces Network has also grown throughout 2017-18.

Way Ahead communications staff are taking our social media and website presence to new levels and our facilitation of key initiatives like Mental Health Month is resulting in a more diverse offering of local activities and events in several parts of the state. We have assisted our colleagues in Victoria to introduce a thriving Mental Health Month program there and we look forward to forthcoming discussions about other collaborations.

The Board, staff and volunteers of Way Ahead have all made significant contributions that enable the effectiveness of what we do become more apparent and incisive through 2017-18.

I will be leaving the Board at the November 2018 AGM and I wish all concerned with Way Ahead the very best for the future.

We strive to enable people to live their lives to their full potential

WayAhead works towards good mental health and wellbeing by building mentally healthy individuals and communities through information, awareness raising, capacity building and participation.

We work to ensure:

- Individuals and communities are supported to incorporate mental health and wellbeing into their daily lives and that they know how to take action and seek help when needed.
- Individuals and communities experiencing and living with a mental health condition know how to seek the support that is available, feel safe and ready to seek help when they need it.
- People feel less isolated.
- Discrimination toward people who experience mental illness is eliminated.
- Policies and services are informed by mental health and wellbeing information.







We tackle prejudice and stigma so people are more willing to seek help

We know that mental illness is common, however people can be reluctant to seek help due to fear of prejudice and discrimination. To counter this, WayAhead works with individuals, services, schools, workplaces and communities throughout NSW to share information and reduce stigma.

We deliver public talks, through Understanding Anxiety forums and within workplaces. We attend community events where our team speaks with members of the public in a warm, supportive way in order to share information, provide resources and encourage people to seek support. We also build community online through our communications channels, namely Facebook, Twitter and our online blog and e-newsletter, the Mind Reader.



What we did this year:

- We worked with Professor Ron Rapee from the Centre For Emotional Health (CEH) at Macquarie University to present workshops for parents of children experiencing anxiety in Bankstown and Burwood in Sydney. They were very well received, with future presentations to be held during 2018-2019.
- We participated in the Charles Sturt University wellbeing expos on campus in Goulburn and Wagga Wagga
- We attended Sydney Fair Day where we shared information and resources with the LGBTI community, based around the slogan “Throwing Shade at Stigma”
- We spoke to 892 teachers and parents in primary schools through our Small Steps Seminars, so that adults would be better prepared to support the young people in their lives who might be struggling with unrecognised problematic anxiety.
- We hosted quarterly workplace information forums in Sydney and Brisbane
- We built a community online through the social media channels, Facebook and Twitter, and our online blog, sharing news and stories of lived experience.

We lower barriers to finding the right support and treatment

We know that for those who are experiencing mental ill health, support and treatment can be difficult to access. There are a number of reasons for this, including not knowing who can help, how to access support and what kind of support might be best suited to the individual.

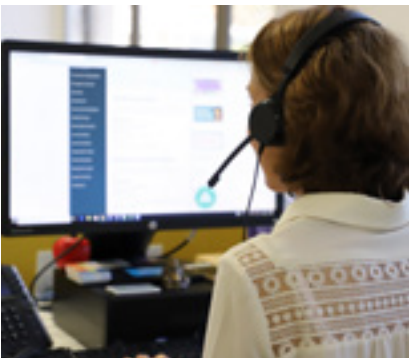
Navigating the many options can be challenging and that is why we work to increase access and help people make informed decisions. The WayAhead Directory, our online fact sheets, our Mental Health Support Line and Anxiety Disorders Support Line have continued to give individuals and organisations access to free, publicly accessible, comprehensive information on mental health and community services throughout NSW.

What we did this year:

- We grew our WayAhead Directory to more than 6,500 listings across NSW and Australia.
- We added a chat feature to the WayAhead Directory so those needing assistance with the directory, or those who would prefer not to speak on the phone, could chat with WayAhead team members directly and ask questions.
- We developed 6 new Fact Sheets, increasing our total to 55 which are available in a range of languages.
- We continued to grow our Understanding Anxiety programs, with support for our phone lines, Small Steps Programs and Anxiety and OCD Support Groups throughout NSW.
- We started new Anxiety Support Groups and OCD Support Groups in Camden, Cessnock, Cabramatta, Hurstville, Rutherford, Singleton and Wollongong.
- The attendance at the Anxiety Support Groups for 2017/18 has increased by 20% in comparison with the previous financial year.
- At year end 66 volunteer Anxiety group facilitators supported 35 support groups to operate throughout NSW, this equates to nearly 1500 donated hours.

"We widely use and refer to WayAhead Directory for our clients and staff use"

Black Dog Institute





We ensure communities appreciate good mental health and wellbeing

Many of us take our mental health and wellbeing for granted, resulting in not taking the preventative measures we might need to keep our minds healthy. At WayAhead, we work to make sure that mental health and wellbeing become a part of everyday conversations and actions.

We do this through our health campaigns and the WayAhead Workplaces network, which promote positive wellbeing practices, help seeking and reducing stigma. Each year, we engage directly with members of the public through our online and printed campaigns, workplace forums and indirectly through supporting community organisations to run mental health promoting activities in their local areas.

What we did this year:

- We ran the Mental Health Month campaign which saw \$35,000 awarded in grants to 50 grassroots organisations to run Mental Health events, distributed over 280,000 campaign resources and saw over 78,800 visits to our website.
- We advertised on Sydney trains for the first time and increased our presence through print media
- We presented eight Mental Health Matters Awards, recognising and celebrating the work of organisations and individuals who were working towards better wellbeing outcomes for their communities.
- 102 people, representing 52 different organisations attended the WayAhead Workplaces Annual Members Forum to engage with the latest developments in workplace wellbeing
- WayAhead Workplaces Network at year's end had 118 paid members across five states, with 1,230 email subscribers.

"Just receiving the [Mental Health Month] grant made a dream become a reality"

2017 Mental Health Month Grant recipient

- Nearly 90% of people surveyed said since becoming a member of WayAhead Workplaces, they are more confident in either applying changes to their work environment that support good mental health and well-being for all employees, or passing on information to those that can.
- Perinatal Depression and Anxiety campaign saw 12 grants awarded to grass roots organisations who support parents.
- The NSW Minister for Mental Health, the Hon. Tanya Davies, launched our Perinatal Depression and Anxiety campaign at Warragamba.



Mental Health Matters Award Winners

NSW Mental Health Commissioner's Community Champion Award

Clarence Youth Action

Mental Health Promoting Workplace Award

Act-Belong-Commit, Anson Street School

Media – National or State Award

My Year 12 Life, Princess Pictures

Lived Experience Participation and Leadership Award

The Grow Group Program, Grow NSW

Carer Recognition Award

Peter Heggie, National Mental Health Consumer Carer Forum

Mental Health Promotion and Wellbeing Award

Positive Choices, NHMRC Centre of Research Excellence and Substance Use UNSW

Mental Health Promotion and Wellbeing Award

Mind Blank Ltd, Sub-Conscious Understanding for Better Awareness (SCUBA) Initiative

Excellence in Service or Program Delivery Award

KidsXpress, Outreach-Expressive Therapy Program

Culturally and Linguistically Diverse (CALD) Communities Award

Mental Health First Aid and the Translational Health Research Institute, School of Medicine - Western Sydney University

Aboriginal Social and Emotional Wellbeing Award

Stories of Lived Experience, Weave Youth and Community Services

We work to improve support for those experiencing mental ill health

Some individuals and groups in our community may lack the knowledge or skills to support those who might be experiencing mental health concerns. Others want to know more and learn how best to support those with mental ill health.

We work with a number of different groups, on both ad hoc and ongoing bases, such as through the WayAhead Workplaces Network, in order to share our insights, connect people together and learn together. As well as engaging with workplaces and schools, largely through the Small Steps program, we also connect with universities, community groups and service providers, government bodies and several advisory and reference groups.



What we did this year:

- As members of the Australian Coalition to End Loneliness we attended a roundtable discussion hosted by Swinburne University to explore ways to respond to the very significant public health issue of chronic loneliness.
- We made a number of presentations including speaking with people undertaking treatment within the Compulsory Drug Treatment Correctional Centre, staff at NSW Department of Justice, students at Western Sydney University and to members of the Community Industry Group, formerly Illawarra Forum.
- We published public statements online, including for NAIDOC Week, for OCD Awareness Week, for Perinatal Depression and Anxiety Awareness Week, in response to the 2018 Federal Budget and in response to the marriage equality survey.
- We contributed to a number of advisory and reference groups, including the NSW Electoral Commission's Equal Access to Democracy Disability Reference group, the Regional Farmers Network, Recovery College advisory group, ACON's Suicide Prevention Advisory Panel, SafeWork NSW's reference group for mentally healthy workplace.
- We supported the Centre for Rural and Remote Mental Health's submission to the Mental Health Services in Rural and Remote Australia Senate Inquiry.





At WayAhead, we are always looking at ways our business can be innovative while living out our organisational values and fostering sector collaboration. Since 2015 WayAhead has been a partner in the social enterprise Collective Purpose. Collective Purpose came about after realising with our other partners, Being and Mental Health Carers NSW that as a combined group we may be able to reduce our costs and operate more efficiently. Our shared services provide us with a team of human resources, finance and administration personnel. Collective Purpose also rents out its meeting places to not-for-profit organisations and has two NGO clients operating in the office.

Our social enterprise

Collective Purpose

Speaker Series

One of the collaboration activities of Collective Purpose partners during 2017/18 was the Collective Purpose Speaker Series. The series became a public forum where mental health sector topics were discussed. During the last 12 months there were three Speaker Series events starting in November 2017 with NSW Mental Health Commissioner Catherine Lourey speaking on The State of NSW Mental Health. In February 2018 another Speaker Series event, After the Marriage Equality Postal Survey – What Now for LGBTI Mental Health?, was held. Collective Purpose also partnered with the Centre for Rural and Remote Mental Health in hosting Rural Suicide and its Prevention in Orange, NSW. The event invited the local Orange community to discuss local frameworks for suicide prevention in regional and rural NSW.

Workplace wellbeing

WayAhead, along with its Collective Purpose partners, are dedicated to staff wellbeing. Through a Collective Purpose Staff Wellbeing committee, WayAhead staff were able to participate in the following staff wellbeing initiatives during 2017/18:

- 30 minutes of wellbeing time for all staff, students and volunteers every day – helping contribute to improve staff productivity, engagement and morale.
- The meditation group, which has now been running for four years.
- Provided “Equality” badges at reception for employees to buy for those who wished to visually express their support for marriage equality and for our LGBTIQ colleagues, friends, family and strangers and put out press releases expressing our support for the Marriage Equality law. A big celebration lunch when the law passed was also provided.
- Lunch and learn sessions for staff on a number of topics including the experience of attending the United Nations 10th Conference of States Parties to the Convention on the Rights of People with Disabilities, the National LGBTI Health Alliance’s LGBTI workplace/service inclusivity ‘MindOut’ program, and a student gave a presentation on “the Nigerian-Australian Contexts of Mental Illness and People with Mental Illness: Demonstrating a Culturally Sensitive Social Work Practice”.
- Monthly afternoon tea staff quizzes on different topics which created a lot of fun and engagement in the office. Topics included Q&A’s with the Collective Purpose leaders and CEOs, interviews with colleagues and general knowledge about each other’s organisations.

Other work

Leaders Forum

This year Collective Purpose established a NFP Leaders Forum. The forums are made up of small groups of CEOs and leaders from small NFPs who meet over breakfast up to six times a year. The forums are facilitated by Margaret Scott, an experienced NFP consultant.

They are designed to create a supportive peer network to build the capacity, confidence, skills and knowledge of leaders of small NFPs across the sector. We recognise the many challenges faced by the sector in this dynamic, complex and changing period and the isolation and common difficulties experienced by many leaders.

Participants report many benefits including peer support, advice and reduced isolation; increased awareness and knowledge of current issues in the sector including new initiatives and innovation, opportunities and events; enhanced cross sector professional networks and sharing of ideas, resources and solutions and access to opportunities for collaboration and joint working projects.

CP intends to increase the number of groups and welcomes participation and inquiries from across the health and community sector.

Official Visitors Answering Service

WayAhead continued its longstanding work operating the Official Visitor's answer service. This NSW Health initiative sees people who are being held in a mental health facility under the NSW Mental Health Act (2007) have access to an official visitor who can visit them in their facility and ensure that their rights are being upheld as they undergo treatment. WayAhead's role is to be the answer service when people requesting an Official Visitor call, WayAhead then contacts the designated Official Visitor on that day, making them aware of the request.

NSW Department of Justice

The Department of Justice contracted WayAhead to provide their staff with the required knowledge and supports for them to work with people who have mental health issues and who encounter some form of the Department of Justice. The Department covers a wide cluster of agencies including:

- Department of Justice
- Fire and Rescue NSW
- Information and Privacy Commission NSW
- Judicial Commission of NSW
- Legal Aid NSW
- NSW Crime Commission
- Law Enforcement Conduct Commission
- NSW Police Force
- State Emergency Service NSW
- Office of the Director of Public Prosecutions NSW
- NSW Rural Fire Service
- Crown Solicitor's Office
- NSW Trustee and Guardian
- Veterans Affairs

WayAhead produced a series of factsheets and videos explaining how to work with someone with a mental health condition, followed up by presentations to departmental staff.

Health Promotion Agency – New Zealand

During the last 12 months, WayAhead was invited to work with the Health Promotion Agency in New Zealand to further develop their community mental health promotion activities.



Staff Members

Chief Executive Officer

Elizabeth Priestley

Senior Manager

Marge Jackson

Understanding Anxiety Program Assistant

Ali Vinall

Mental Health Promotion Officer

Asha Zappa

Communications Team Leader

Benjamin Graham

Events Coordinator

Caryn Shipp

Project Officer – WayAhead Directory and Information Services

Jamie Saltoon

Small Steps and anxiety Educator

Julie Leitch

Graphic Designer

Lianne Kelly

Workplaces Program Assistant

Lynley Hurst

Communications Manager

Matthew Keighery
(until September 2017)

Mental Health Promotion Officer

Mehna Alacozy
(until August 2017)

Understanding Anxiety Programs Assistant

Melanie Adams

Support Groups Coordinator

Rachel Flint

Health Promotion Officer Assistant

Sam Eid
(until January 2018)

Projects Assistant – Mental Health Information

Sanju Gangolli

Workplace Health Lead

Sharon Leadbetter

Writer (Programs)

Tasnim Hossain

Information Officer/member Services

Terri Marsh

Collective Purpose Staff

Operations Manager

Anna Heldorf
(until January 2018)

Administrator and Promotions

Alyce Cannon

HR Manager

Cecilia Rais

Hub Coordinator

Eloisa Cullington
(until April 2018)

Admin and Promotions Assistant

Lynley Hurst

General Manager

Matt Stanley

HR Assistant

Maureen O'Keefe

Accountant

Supun Ragnar

Book Keeper

Suzanne Webber

Finance Manager

Trevor Hattersley
(until December 2017)

Volunteers

Anxiety Support Groups Volunteers

Alessia Pagano	John Young
Alison Lam	Julie Wood
Alysa Portelli	Justine Greenaway Karli
Amarnie Mohammed	Beswick
Anita Hockett	Kate Hirneth
Annie Insley	Kate Ridgway
Ashleigh Koster	Katelyn Slee
Bani Chami	Katie Dobinson
Benjamin Ong	Laeonie Forster
Brianna Toohey	Lindy Gemmell
Brittany Ghabrial	Lisa Tran
Brooke McIntyre	Luke McGrath
Carol Foord	Maree Richards
Carol Liu	Marisa Copperwaite
Celine St George	Mark Peterson
Charlie Doane	Morgan Parsons
Chelsea Scott	Nicholas Neale
Christina Clifford	Nicole Warnaar
Colleen Faes	Nina Long
Colin Bull	Olga Underwood
Danneil Francis	Olivier Delorme
David Groves	Paul Leonard Parima Vyas
Davida Ivey	Peter John Stanley
Deanne Tyrrell	Rachael Millen
Deborah Peel	Rebecca Graham
Eliza Morgan	Samantha Eid
Emily Gain	Sharon Cullington
Emma Hartcliff	Shelly Southam
Emma Smith	Simone Ancilleri
Erica Chow	Stephanie Hunt
Erin Tierney	Stephanie Kumar
Felicity Kiln	Suzi Talevska
Gwynnee Travers-Barnes	Tara-Jean Brady
Heather Fairfax	Thomas Kelly
James Vee	Trish Nowland
Janine De JorgeJenni	Upeka Ranasinghe
Sheridan-Latham	
Jess Baker	
Jess Keogh	
Jessica Coe	
Jill Edmondson	
Joel Wolfram	
John Shipway	

Volunteers and Students

Ali Vinall
Amy Green
Brian Tran
Cindee Duong
Dana Saltoon
Dylan Brown
Hallah Albayati
Helen Murcutt
Johnny Wang
Julie Leitch
Kanika Mathur
Monique Shipp
Rachel Flint
Rebecca Allen
Sanju Gangolli
Tasmin Hill
Tina Pirola

Anxiety Disorders Advisory Committee

Frank Flannery (Board
Member) Chair
Ron Rapee
Jenny Learmont
Meg Smith (Board
President)
Peter Bradfield
Lisa Lampe
Rocco Crino
Anne Wignall
Laeonie Forster (resigned)

Board Members

President

Dr Meg Smith OAM

Attendance at meetings

8/10

Chairperson

Mr Gary Moore

8/10

Treasurer

Mr Don Murray

8/10

Deputy Chair

Ms Sharyn McGee

9/10

General Members

Mr David Harper

8/10

Mr Frank Flannery

9/10

Ms Jill Faddy OAM

10/10

A/Prof. Viviana Wuthrich

6/10

Partnerships

We appreciate that we achieve our objectives with the ongoing support of our many partner organisations and value the relationships we have with others.

We have formal partnerships in place with:

- The Black Dog Institute
- Mental Health Commission of NSW
- LGBTI National Health Alliance
- SANE Australia
- ACON
- Family and Community Services – Youth
- WEAVE Youth and Community Services
- NSW Ministry of Health
- Official Visitor Service

We belong to a number of networks and Professional Associations that also support us in our work.



Financial Reports

MENTAL HEALTH ASSOCIATION NSW LIMITED
A.B.N. 11 326 005 224

STATEMENT OF FINANCIAL POSITION AS AT 30TH JUNE 2017

	\$ 2018	\$ 2017
Current assets		
Cash assets	843,346	963,897
Receivables	103,424	76,158
Inventories	1,413	1,413
Other	52,402	39,217
Total current assets	1,000,585	1,080,685
Non-current assets		
Property, plant and equipment	511,497	607,250
Total non-current assets	511,497	607,250
Total assets	1,512,082	1,687,935
Current liabilities		
Payables	332,499	328,787
Provisions	90,052	97,907
Total current liabilities	422,551	426,694
Non-current liabilities		
Provisions	100,593	68,859
Total non-current liabilities	100,593	68,859
Total liabilities	523,144	495,553
Net assets	988,938	1,192,382

Members Funds		
Retained funds	961,167	1,005,989
Collective Purpose reserve	27,771	186,393
Total Members Funds	988,938	1,192,382

The Statement of Financial Position should be read in conjunction with the notes to the financial statements. Full set of audited financial reports with the notes can be accessed from wayahead.org.au

STATEMENT OF PROFIT OR LOSS AND OTHER COMPREHENSIVE INCOME FOR THE FINANCIAL YEAR ENDED 30TH JUNE 2018

	\$ 2018	\$ 2016
Revenue from ordinary activities	2,757,564	2,639,014
Expenses from ordinary activities:		
Depreciation and amortisation	(144,664)	(136,715)
Employee expenses	(1,404,000)	(1,220,477)
Professional and consultancy fees	(48,891)	(27,948)
Occupancy expenses	(347,705)	(338,518)
Other expenses from ordinary activities	(1,105,784)	(940,922)
Surplus / (deficit) from ordinary activities before income tax expense	(203,444)	(25,566)
Income tax revenue / (expense) relating to ordinary activities	-	-
Surplus / (deficit) from ordinary activities after related income tax expense	(203,444)	(25,566)
Other comprehensive income	-	-
Total comprehensive income attributable to the members of the entity	(203,444)	(25,566)

The Statement of Profit or Loss and Other Comprehensive Income should be read in conjunction with the notes to the financial statements.

INDEPENDENT AUDITOR'S REPORT

TO THE MEMBERS OF MENTAL HEALTH ASSOCIATION NSW LIMITED
ABN 11 326 005 224

Opinion

We have audited the financial report of Mental Health Association NSW Limited, which comprises the statement of financial position as at 30 June 2018, the statement of profit or loss and other comprehensive income, statement of changes in members' funds and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies, and the Directors' declaration.

In our opinion, the financial report of Mental Health Association NSW Limited has been prepared in accordance with Division 60 of the Australian Charities and Not-for-profits Commission Act 2012, including:

- (a) giving a true and fair view of Mental Health Association NSW Limited financial position as at 30 June, 2018 and of its financial performance for the year then ended; and
- (b) complying with Australian Accounting Standards to the extent described in Note 1 and the Australian Charities and Not-for-profits Commission Regulation 2013.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Report section of our report. We are independent of the company in accordance with the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110: Code of Ethics for Professional Accountants (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of Matter - Basis of Accounting and Restriction on Distribution and Use

We draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared for the purpose of fulfilling Mental Health Association NSW Limited financial reporting responsibilities under the Australian Charities and Not-for-profits Commission Act 2012. As a result, the financial report may not be suitable for another purpose. Our opinion is not modified in respect of this matter.

Responsibilities of the Directors for the Financial Report

The Directors of the company are responsible for the preparation of the financial report that gives a true and fair view and have determined that the basis of preparation described in Note 1 to the financial report is appropriate to meet the needs of the requirements of the Australian Charities and Not-for-profits Commission Act 2012 and is appropriate to meet the needs of the members. The Directors' responsibility also includes such internal control as the Directors determine is necessary to enable the preparation of a financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the Directors are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless the Directors either intend to liquidate the company or to cease operations, or have no realistic alternative but to do so.

Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes in our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

As part of an audit in accordance with Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the Directors.
- Conclude on the appropriateness of the Directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

We communicate with the Directors regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Thomas Davis
 THOMAS DAVIS & CO.
J. G. Ryan
 1, 17/18
 1, 17/18

Liability Limited by a scheme approved under professional standards legislation.

In memory of Peter Trebilco

15 December 1927 – 27 October 2017

At the end of 2017 the world lost Peter Trebilco. Peter served on the board of WayAhead Mental Health Association from 1977 to 2014, the last few years as Board Chair, a total of 37 years which was a huge commitment.

Peter was a true gentleman, a snappy dresser, he was funny but sometimes cantankerous. He was a stickler for doing things the right way. One example was Peter's insistence that at any AGM the treasurer **MUST** move the adoption of the audited financial statements and ask for a seconder. It **MUST NEVER** be moved by anyone else. When in the audience at other organisation's AGMs, Peter has been known to call out to the Chairperson from the floor disputing proceedings because it wasn't the treasurer who moved the adoption.

What has never been in doubt was his commitment to a cause and to the organisations he donated his time. He was loved and admired by many. WayAhead is proud to have known Peter and to have him as part of our team for so long. His memory lives with us.

Elizabeth Priestley
WayAhead CEO



Photography and design by Leanne Kelly
With exception

Photography by Matthew Keighery - Dr Meg Smith Pg 2, Michael Cobby Pg 4, Paul Lauria and family Pg 6, Mental Health Month Winners Pg 10, Jill Faddy Pg 16, Volunteers Pg 17/18

Photography by Natasha Cutler - People standing next to WayAhead fact sheets Pg 8

Photograph of Peter Trebilco origin unknown.



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wayahead.org.au

